



AWARDS ENTRY SPECS - VIDEO UPLOAD

All entries must be in the format of QuickTime and uploaded online:

<https://awards.promax.org/submission/Dashboard.aspx>

Maximum File Size: 300MB per file.

16:9 aspect ratio – If the original content was formatted 4:3, please provide curtains (black bars on each side) which are mostly typically referred to as “pillar box” to accommodate appropriately for 16:9 playback.

QuickTime (.mov) file format specs that should be easily applied within your non-linear editing tool such as Final Cut Pro, Adobe Premiere or QuickTime Pro are:

<u>VIDEO SETTINGS</u>		OR	<u>VIDEO SETTINGS</u>	
Frame Size:	1920 x 1080 / 1280 x 720		Frame Size:	1024 x 576 / 720 x 405
Pixel Aspect:	1.0 – Square Pixels		Pixel Aspect:	1.0 – Square Pixels
File Format:	H.264		File Format:	H.264
Extension:	.mov		Extension:	.mov
De-Interlacing:	Always de-interlace		De-Interlacing:	Always de-interlace
Frame Rate:	25 / 30 fps		Frame Rate:	25 fps
Key Frame Interval:	90 frames per keyframe		Bit Rate Type:	Constant
Bit Rate Type:	Constant		Bit Rate Kbps:	5000Kbps
Bit Rate Kbps:	5000Kbps		<u>AUDIO SETTINGS</u>	
<u>AUDIO SETTINGS</u>			Audio Enabled:	Checkbox is selected
Audio Codec:	AAC		Audio Codec:	AAC
Channels:	Stereo		Channels:	Stereo
Sample Rate:	48khz		Sample Rate:	48khz
Quality:	High	Quality:	High	
Bit Rate:	128 Kbps	Bit Rate:	128 Kbps	
* Specs above are similar to the PromaxBDA Global Excellence Awards.				

IMPORTANT NOTES:

i) When using AAC Audio please ensure you output Stereo audio, not Mono.

ii) File names should never contain spaces and please ALWAYS de-interlace

- When naming a file, please do not use spaces or special characters. We suggest using an underscore to represent a space.
→ **Example: chuck_video_from_the_beach.mov**
- If submitting a second version of a video clip, please include V2 (for Version 2) in the name of the file.
→ **Example: chick_video_from_the_beach_V2.mov**

** When uploaded – the Entry # will be automatically tagged.

TRANSLATIONS: Due to the international composition of our judging panels, we must request that all non-English language entries provide English translations/subtitles for judging purposes. Judges has the right to disqualify/penalise any entries due to no-translations reasons.

PLEASE NOTE: All submissions become the property of PromaxBDA to be used at their discretion. All relevant permissions and copyrights are assumed to be cleared by the entrant. We are not able to return any materials submitted for entry.