

VIDEO ENTRY REQUIREMENTS – VIDEO UPLOAD

All entries must be in the format of Quicktime and uploaded online.

SPECS FOR VIDEO UPLOAD

Maximum file size: 100MB per file

16:9 aspect ratio - If the original content was formatted 4:3, please provide curtains (black bars on each side) which are most typically referred to as “pillar box” to accommodate appropriately for 16:9 playback.

QuickTime (.mov) file format specs that should be easily applied within your non-linear editing tool such as Final Cut Pro, Adobe Premiere or QuickTime Pro are:

VIDEO SETTINGS

Frame Size:	720 x 405
Pixel Aspect:	1.0 – Square Pixels
File Format:	H.264
Extension:	.mov
De-Interlacing:	Always de-interlace
Frame Rate:	25 fps
Frame Interval:	25 frames per keyframe
Bit Rate Type:	Constant
Bit Rate Kbps:	3000Kbps

AUDIO SETTINGS

Audio Enabled:	Checkbox is selected
Audio Codec:	AAC
Channels:	Stereo
Sample Rate:	48khz
Quality:	High
Bit Rate:	128 kbps

NOTE: when using AAC Audio please ensure you output as Stereo audio, not Mono

Important notes:

Note: File name should never contain spaces and please ALWAYS de-interlace.

We suggest using an underscore to represent a space.

Example: chuck_video_from_the_beach.mov

If submitting a second version of a video clip, please include V2 (for Version 2) in the name of the file.

Example: chuck_video_from_the_beach_V2.mov

** when uploaded – the Entry # will be automatically tagged.